Preparing for a farm visit:

Advice for teachers

If you are planning to take your class on a farm visit, you should always visit the farm yourself beforehand to prepare for the day. Here are some of the points to discuss with the farmer.

1. **Access**: where will the bus park?

2. **Theme of the visit** and what in particular you would like the children to do and see.

3. **Number of children** in the group and number of helpers/staff coming with them. Please note that discipline is your responsibility. If it is a working farm there will be hazards so children will have to do exactly as they are asked.

4. **Risk assessment**: you should prepare this in conjunction with the farmer, walking the route the group will take and watching out for hazards such as vehicles, barbed wire, machinery and slippery surfaces. Hygiene is very important because of the potential for E. coli infection. In particular:

- Groups should end the visit in a non-animal area with hand washing and toilet facilities.
- You should give the children a **safety talk** at the start (about doing as they are instructed and avoiding hazards such as brambles, and being quiet around animals).
- Tell the children that hand-washing is very important because they are not used to being on a farm and there is bound to be mud and muck. Even if they have not touched anything they must still wash their hands.

- **Hand washing** takes place before eating or drinking and at the end of the visit. It is supervised by adults. Warm running water, soap and paper towels or a hot air dryer are essential.
- If you eat lunch at the farm, you should do so in the non-animal area and bring all your own food and drink.
- Children should wear wellington boots (even in the summer) and bring **wet weather** clothing.
- You must tell young children not to suck their fingers or put their hands in their mouths at any time on the visit.
- **Footwear** should be as clean as possible when you leave and ideally you should all change out of your wellies. Hands should be washed after changing shoes.
- Please refer to www.face-online.org.uk/codeofpractice and **Mind the Germs!** from WAG.

Enjoy your visit!

Paratoi am ymweliad fferm:

Cyngor ar gyfer athrawon

Os ydych yn cynllunio i fynd â'ch dosbarth ar ymweliad fferm, dylech bob amser ymweld â'r fferm eich hun ymlaen llaw er mwyn paratoi ar gyfer y diwrnod. Dyma rhai pwyntiau i'w trafod gyda'r ffermwr.

1. **Mynediad**: lle fydd y bws yn parcio?

2. **Thema'r ymweliad** a beth yn arbennig y dymunwch i'r plant ei wneud a'i weld.

3. Y **nifer o blant** yn y grŵp a'r nifer o gy-northwywyr/staff sy'n dod gyda hwy. Nodwch os gwelwch yn dda mai'ch cyfrifoldeb chi yw disgyblaeth. Os yw'r fferm yn un weithiol, fe fydd yna beryglon ac felly bydd rhaid i'r plant ymddwyn yn union yn unol â'r gorchmynion.

4. **Asesiad risg**: dylech baratoi hwn ar y cyd gyda'r ffermwr, cerdded y llwybr bydd y grŵp yn ei gymryd a gwylio am beryglon fel cerbydau, weiren bigog, peiriannau ac arwynebau llithrig. Mae hylendid yn bwysig iawn oherwydd y potensial ar gyfer heintiad â <u>E. coli.</u> Yn arbennig:

• Dylai grwpiau orffen yr ymweliad mewn ardal lle nad oes anifail gyda chyfleusterau golchi dwylo a thoiledau.

• Dylech gyflwyno **sgwrs ddiogelwch** ar y dechrau (ynghylch gwneud fel maent yn cael gorchymyn ac osgoi peryglon fel mieri ac i fod yn ddistaw o gwmpas anifeiliaid).

• Hysbyswch y plant bod golchi dwylo yn bwysig iawn oherwydd nad ydynt wedi arfer bod ar fferm ac mae'n sicr y bydd llaid a baw. Hyd yn oed os nad ydynt wedi cyffwrdd dim, mae'n ofynnol iddynt olchi eu dwylo yr un fath.

• Mae **golchi dwylo** yn digwydd cyn bwyta neu yfed ac ar ddiwedd yr ymweliad. Mae'n cael ei arolygu gan oedolion. Mae dŵr cynnes,

sebon a thyweli papur neu sychwr aer poeth yn angenrheidiol.

• Os ydych yn ciniawa ar y fferm, fe ddylech wneud hynny mewn ardal lle nad oes anifeiliaid a dylech ddod â'ch bwyd a'ch diod i gyd eich hun.

• Dylai plant wisgo esgidiau glaw (hyd yn oed yn yr haf) a dod â dillad ar gyfer **tywydd gwlyb**.

• Mae'n rhaid i chi ddweud wrth blant ifanc i beidio â sugno eu bysedd na rhoi eu dwylo yn eu cegau ar unrhyw amser yn ystod yr ymweliad.

•Dylai **esgidiau** fod mor lân ag sy'n bosibl pan rydych yn gadael ac fe ddylech yn ddelfrydol newid allan o'ch esgidiau glaw. Dylid golchi dwylo ar ôl newid eich esgidiau.

• Cyfeiriwch at <u>www.face-online.org.uk/codeofpractice</u>, a **Gwyliwch y Germau!** gan LICC.

Mwynhewch eich ymweliad!

www.face-cymru.org.uk